

a kid friendly publication of Nageela West Coast Joyfully Jewish Experiences



The Best Names

by Rabbi Dani Locker

What's the best name in the world? I asked Google, which is, of course the most reliable repository of information (with the possible exception of the Hitchhiker's Guide to the Galaxy). Interestingly enough, the top baby name for 2022 is Zion. Sounds kinda Jewish. Second place is Kai, which sounds like a karate school. In the last 100 years, the top names are James and Mary. For some reason, I didn't find Avigdor, Yered, Yekusiel or Avi Socho anywhere on those lists.

These were all names for our great leader, Moses. The Midrash tells us that Moses had ten

names: Yered, Chever, Yekusiel, Avigdor, Avi Socho, Avi Zanoach, Avi Gedor, Tovia, Shemaya... oh, and Moshe. The Midrash goes into details about why each of these names was chosen. I won't do that right now, but I'll

explain a few of them, and how they beautifully represent who he was.

Chever comes from the Hebrew word for attaching, because Moses was the bridge, the glue who attached the Jewish people to God. Yered means to bring down, because he brought down the Torah (and all of God's wisdom) to Earth. The same follows for all the names, except one. God chose to call Moses by the name given to him by his rescuer and foster mother, Basya. The name Moshe means, "I drew him from the water." In fact, this name isn't about him

> at all. It's about something SHE did. Names are really important (as we can see by the fact names). Why would God choose the

that he had ten name continued on next page



Henderson 5:26 Las Vegas 5:26 Reno 5:44 San Diego 5:35 Irvine 5:38 Los Angeles 5:40 Oakland 5:54 Park City 6:10 Scottsdale 6:14 Honolulu 6:21

Roses are red, pickles are green, sponsor Nageela Shabbos and your name will be seen. Contact dlocker@nageelawest.org for details



BUTTERFLIES
ARE NERVOUS,
DO THEY FEEL
HUMANS IN
THEIR STOMACH?

which doesn't seem to represent Moshe's accomplishments or personality traits? Or does it?

There's a meaningful lesson here.

We are sponges. Especially children. We absorb everything. I don't simply mean that we remember the things we see and hear, and add them to our memories and knowledge. That's true, but there's more. The traits

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The things we see become our reality

and actions we are exposed to become a part of who we are. They get written into our DNA (which I just found out doesn't stand for Donuts, Not Asparagus- who knew). The trait of the name Moshe isn't fishing things out of the water. When Basya hauled a Jewish baby out of the river and raised him in the Egyptian royal palace, that was an act (really a whole bunch of acts) of extreme dedication and self sacrifice. She risked everything she had for this mission. The trait of Moshe is dedication, and this is a trait Moshe absorbed.

I know you guys hear this a lot, but it's worth repeating. The things we see become our reality. The people we hang around, the games we play, the shows we watch and the books we read don't just provide information for our brains to process. They affect changes in how we act. They can help us become more sensitive or more violent, more accepting of others, more rebellious and even change how happy we are.

PICKLE JEWS

GALACTICALLY SYNDICATED COMIC STRIP

by Dani Locker, 2022



Stump the Rabbi is a forum where kids can ask ANY Jewish question.

Have a question? Please send it in to stump@nageelawest.org

Questions here are real. Names and some wording have been changed.

Note: We call this 'Stump The Rabbi' for fun, but that's not really the point. The goal is to learn something important in an interesting way.



Echoes of Prayer

I know, I know, we were supposed to finish our prayer series last week, but you guys keep asking such god questions! I got this one this week and just had to answer it!

Hi Rabbi,

How do you know if your prayer worked? What happens when prayer doesn't work? I believe that praying is effective, but I guess not always. So do you get like an approval notification or something?

Thanks,

Ingrid Doubt



Dear In Doubt,

I had a very annoying experience last week. Everyone kept telling me that I need to get into shape (which is silly, because I'm already in a shape- a rather large one). Also, nobody agreed on the best way to get into shape. Some people suggested swimming, and others thought I should get a gym membership. A few wanted me to start weight training, and some just thought I should diet. Don't even get me started on all the different diet tips:

Stump the Rabbi

"Use this diet and you'll lose 50 pounds in one day."

"No, that diet isn't healthy. Use my diet where you lose a pound a year."

"Actually, my diet of sardines and potato latkes is proven to fight obesity."

People suggested shaving my eyebrows and wearing a kilt, showering 7 times a day and only eating foods colored yellow.

Finally I agreed to go to the gym, after seeing pictures of really fit people at the gym. If pictures on a poster say it's true, then, hey, it must be. So I went to the gym, and guess what? I'm still not in shape! How's that for false advertising.

What's that you say? I need to go more than once? Nobody told me that. Wait, so does tha mean my fantastic workout is wasted? My first 20 workouts are wasted, and only the 21st gives results? Of course not.

Instinctively everyone reading this (I hope) understands that working out once does SOMETHING, just not enough to make a noticeable difference. Put together enough workouts and they all combine to make a real change.

Prayer always works, 100% of the time. Just sometimes it takes a lot of prayers to achieve the desired result, and sometimes, the prayers achieve a totally different result, but they always accomplish. As an example, in our daily prayers there's a blessing asking God to rebuild our holy city of Jerusalem (which includes the

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holy temple- the Beis Hamikdash). Probably a million people say that every day. Three times a day. Around 300 days a year. That's a billion prayers for rebuilding Jerusalem each year. And we've been saying that prayer for 2000 years. So do you think 2 trillion prayers is enough? I dunno, rebuilding Jerusalem and ending the exile is a pretty big ask. I guess we're not there yet, but have no doubt that every prayer is heard and filed toward the eventual positive result.

If you pray for a sick person to get better and they don't, your prayer is not wasted. Those prayer go into the bank, and it will bring health to someone else, or a different blessing to the family of the original sick person. If you pray for a business deal to go through and it flops, you'll find blessing in a different venture, or perhaps the blessing will go to success in your parenting, or your childing.

And sometimes, often really, prayers work exactly as you intended, pretty quickly. We all know stories of people who had miraculous recoveries, successes and pickles because of prayers. Doctors who had given up on patients, older singles who had given up on finding their soulmate, kids who forgot to study and should have failed (maybe forget I mentioned that last one) and other remarkable endowments God gives when we pray sincerely.

Now, if you'd please excuse me, my sardine latkes are ready.

Have a Nageela Shabbos,

the Rabbi

ASK MORE QUESTIONS AT STUMP@NAGEELAWEST.ORG



TREATS FOR TROOPS RECAP:

Over the past week and a half, Treats for Troops programs ran in 3 West Coast cities: Los Angeles, Las Vegas and Scottsdale.

The kids had a great time and learned a lot. But more importantly,

ure packed 43 USPS boxes and shipped them off to army bases in Kuwait and Germnay. From there they'll be distrib-

uted to soldiers and refugess around the world.





What do you call a factory that does good work?

A satisfactory!

HAPPY BIRTHDAY!

Adina Rothman Sofia Leos Aviv Kohen Tal Kohen Jacob Lev Phoenix Todd





